

St. Jude Sweet Corn Festival 2017

34th Annual Kernel's Road Races

Saturday, August 12th *7:30AM*

10K Run, 5K Run/Walk, 5K Race Walk & Kids' Fun Run

Xavier High School 6300 42nd St. NE Cedar Rapids, IA 52411

For race day info., awards, & results go to: **KernelsRoadRaces** on Facebook. Festival Website: www.judesweetcornfest.com

Check the event you are entering:

Further questions? Contact race director at 319-550-4980 or JJGO262@gmail.com

For accurate results & award distribution, please communicate any changes in your event choice PRERace with race director & timing crew.

10K Run (chip-timed)

5K Run (chip-timed)

5K RACE WALK (chip-timed - 1 foot contact with ground at all times!)

Kids' ¼ mile Fun Run (FREE! NOT chip-timed. Shirt NOT included. Held AFTER 5k/10k finish ~8:45am). **MUST sign waiver to participate!**

First Name: _____ **Last Name:** _____

Street Address: _____

City: _____ **State** _____ **Zip/Postal Code** _____

Gender (circle one) **M / F** **Date of Birth** (MM/DD/YY) ____/____/____ **Age** (on 8/ 12 /17) _____

The following * info requested will be used ONLY by your Race Director/Database recorder for vital race info. communication:

***Phone number:** (_____) _____ - _____ ***Email Address:** _____

Specialty-designed Moisture Management Performance Race Shirt

(NOT GUARANTEED after Friday, July 28th.) These shirts run approximately ½ size large.

Please carefully circle size or/and check blank: **Unisex Adult:** Sm Med Lg XL XXL
Unisex Child: Sm (6-8) Med (10-12) Lg (14-16)

No-Shirt Option (save \$5.00)

Kid's shirt --to accompany Kids' Fun Run (add \$10.00)

Waiver- Signature/Date Required to Participate

By signing this entry blank, I hereby waive any and all rights and claims for damages to myself, my heirs, executor administrators, and property that I incur for any and all injuries suffered by me in this event. This waiver shall include the St. Jude Parish, Kernel's Races officials, all volunteers and sponsors, the Sweet Corn Festival Committee, the city of Cedar Rapids, Linn County, U.S.A.T.F., TransAmerica, and Xavier High School, their agents, officers, employees, and affiliations, the Archdiocese of Dubuque and all other corporations of which the Archbishop is President. I attest that I have full knowledge of this and am properly prepared and physically capable to enter this event. I surrender permission to contact any available physician and utilize ambulance services if race officials deem it necessary for my treatment in an emergency. I release the rights to any and all photographic materials and computer information that the race committee may release from this event.

I pledge that I will not allow anyone other than myself to run or walk under my name. No refunds or transfers.

X _____
Signature of applicant _____ Date _____
(or of parent/legal guardian if under 18)

Kernel's Entry Fees

(non-refundable or transferable)

	Received BY Fri. July 28 th	Received BY Thurs. Aug. 10 th	Fri Aug. 11 th & Race Day
10K or 5K Run	\$25 per adult 18+	\$30 per adult 18+	\$30 per adult 18+
5K Race Walk	\$20	\$25	\$25
5K Walk	17 & under	17 & under	17 & under
Kids' ¼ th mile Fun Run*	FREE *		

Remember: Deduct \$5 for no-shirt option.

***Add \$10 for kid's shirt (Kids' Fun Run does NOT include shirt otherwise.)**

>REGISTER ONLINE & SAVE! www.getmeregistered.com

Kernel's Races Packet Pick-up & Late/Race Day Registration:

- Friday, August 11th 5:15-8:30pm at Xavier High School
- Saturday, August 12th 6:00-7:15am at Xavier High School

Mail or drop off completed entry form with entry fee to:

St. Jude SCF Kernel's Races c/o Julie Johnston
50 Edgewood Rd NW Cedar Rapids, IA 52405

(All mail-in entries MUST be received by or before Thurs, August 10th.)